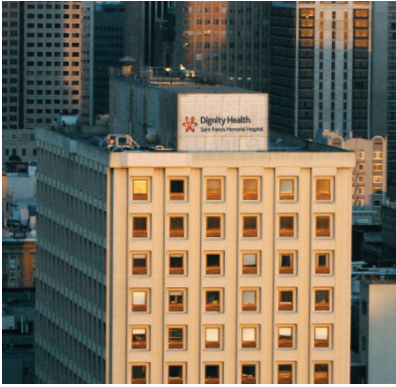


# Preparing for your procedure at Saint Francis Memorial Hospital



We want to help you have a smooth and rapid recovery. This brochure will help you prepare for surgery and understand what to expect.

Your surgery will take place at Saint Francis Memorial Hospital on:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Surgeon: \_\_\_\_\_

Arrival time to SFMH: \_\_\_\_\_

**We encourage you to set up and access your patient portal (My Portal) at [dignityhealth.org/my-home](https://dignityhealth.org/my-home)**

**My Care Text is an automated system that sends text messages to your family, friends, or caregiver to keep them updated with real-time information regarding your care and treatment.**

**We encourage you to check your email for online educational videos related to your procedure entitled "My Health Education."**

## Pre-Procedure

Your surgeon's office will help you determine if you need to see your Primary Care Physician and/or complete any pre-operative testing in preparation for your upcoming surgery. **Once your surgery is scheduled, please call the Pre-Admitting Nurse to schedule a Pre-Op interview.**

**Pre-Admitting Nurse: 415.353.6872; Monday – Friday: 9:00 am – 5:00 pm**

## COVID-19 Screening

- All patients are required to have completed a COVID-19 test before surgery. Ideally, the test is completed three days before surgery, and test results may not be older than seven days.
- Please call 415.353.6208 to schedule a COVID-19 swab test.
- Please schedule your surgery before you schedule a COVID-19 test.
- After your COVID-19 test, you will be asked to self-quarantine until the surgery date.
- If you have a positive test result, you will be contacted and your surgery will be evaluated.

## Billing and payment

We will work with you to identify and address financial and billing issues in advance.

Please know that you may have a co-pay and/or deductible to pay for your procedure. Your insurance company will be able to help you determine what you may owe. Our financial advisors can be reached at the following number:

**Patient Financial Services: 415.353.6140**

## Planning for your procedure

### On the day of your surgery, please bring:

- Photo ID and insurance card(s). If you are a legal guardian/conservator, bring documentation that establishes you as the person authorized to make health care decisions.
- Any equipment your care team provides and asks you to bring (e.g., CPAP machine).
- List of your medications with dose and frequency.
- Advance Directive/Power of Attorney (if applicable).

### Important things to remember:

- On the day of your surgery, if it is scheduled for 7:30 a.m., check-in at the Saint Francis Emergency Department entrance located on Bush Street. If your surgery is scheduled for any other time, check-in at the Saint Francis Admitting Office, located on the Lobby Level of the hospital near the main entrance.
- When you arrive, we will screen you for COVID-19 symptoms. We will give you a face mask, to wear throughout your hospital visit.
- Visitor restrictions are in place to limit the amount of people in the hospital. Ask the pre-admitting nurse about visitor rules during your hospital stay.
- Confirm with your doctor if you should stop taking blood thinners or nonsteroidal anti-inflammatory drugs (e.g., aspirin) prior to your procedure.
- Do not eat or drink anything past midnight the day prior to your procedure, unless otherwise instructed by your surgical team.
- You must arrange for a responsible adult to drive you home after your surgery. After receiving anesthesia you are NOT permitted to drive or operate a motor vehicle for safety reasons. *Please note — you may only take a taxi or bus home if you have an adult family member or friend to accompany you.*
- Wear comfortable clothing, and do not wear any jewelry (including any body piercings), or contact lenses. Please leave all valuables at home.
- If you are a minor, a legal guardian must be present before, during, and after your surgery.

## Cancelling surgery

If you find you need to cancel or reschedule your surgery, **please call your surgeon's office immediately.**

Notify your physician as soon as possible if you get a cold, fever, or any illness prior to your surgery date, as this may affect whether your surgery will proceed.

## Parking and directions

Saint Francis Memorial Hospital is located at 900 Hyde Street, San Francisco, CA 94109. As a courtesy to our patients, Saint Francis will provide validation for one vehicle, on the first day of surgery, at the Pine Street garage or valet.

### Garage

1234 Pine Street (between Leavenworth and Hyde)  
5:00 am – 12:30 am, Monday – Friday  
6:00 am – 12:30 am, weekends and holidays  
Cost: \$2 per half-hour up to a maximum of \$20 after 4.5 hours

### Valet Parking

Located directly in front of the hospital on Hyde Street  
(same rate as parking garage)  
7:00 am – 4:00 pm, Monday – Friday

## Directions to Saint Francis Medical Hospital

### From the Peninsula (via 101 North)

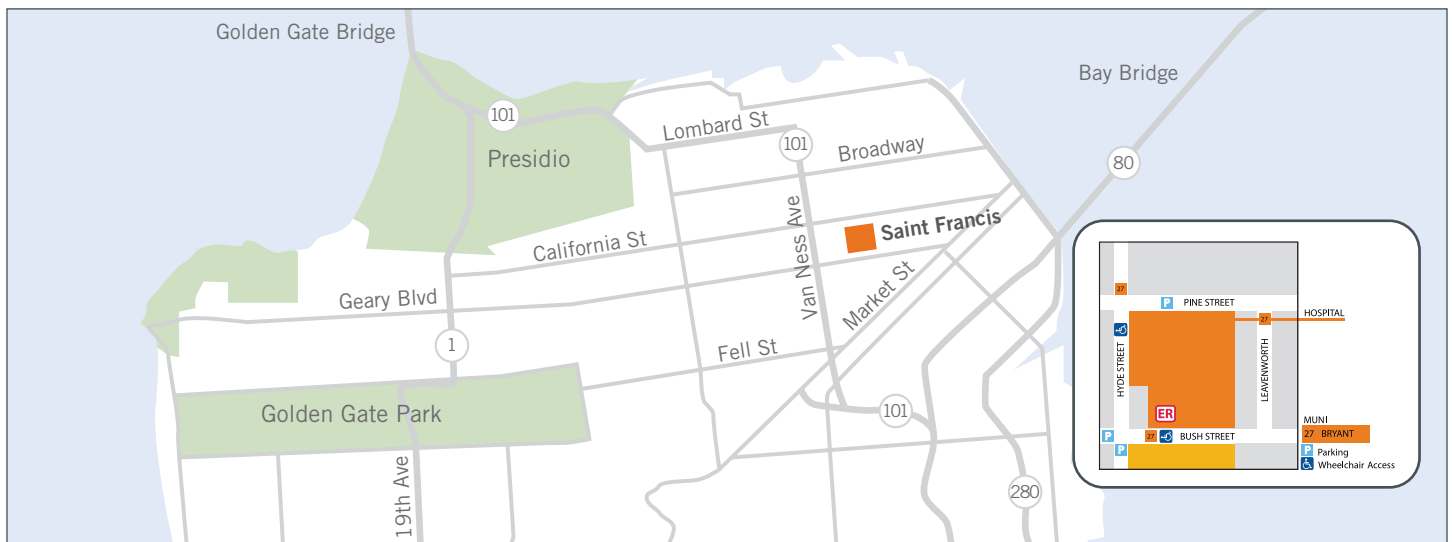
Take US-101 North toward San Francisco. Take the Civic Center/Ninth Street exit. Ninth Street becomes Larkin Street. Turn right on Bush Street. Turn left on Leavenworth Street. Turn left on Pine Street. Turn left on Hyde Street. Main hospital entrance is on the right.

### From East Bay (via 80 South)

Head west on Interstate-580 toward Oakland. Merge onto Interstate-80 West toward San Francisco. There is a toll on the Bay Bridge portion of I-80. Merge onto US-101 North toward the Civic Center. Take the Civic Center/Ninth Street exit. Ninth Street becomes Larkin Street. Turn right on Bush Street. Turn left on Leavenworth Street. Turn left on Pine Street. Turn left on Hyde Street. Main hospital entrance is on the right.

### From North Bay (via 101 South)

Merge onto US-101 South toward San Francisco. There is a toll on the Golden Gate Bridge. US-101 South becomes Lombard Street. Take Lombard Street to Van Ness Street. Turn left on Bush Street. Turn left on Leavenworth Street. Turn left on Pine Street. Turn left on Hyde Street. Main hospital entrance is on the right.



## Important numbers

### Pre-Surgical Admissions Office

Phone: 415.353.6872  
Fax: 415.591.6352

### Main Hospital

Phone: 415.353.6000

### Come and Go Unit

Phone: 415.353.6220

### Patient Financial Services

Phone: 415.353.6140



**Dignity Health**  
Saint Francis Memorial Hospital

900 Hyde Street  
San Francisco, CA 94109